The presentation of fitness first is a clean and professionals site because everything is put into categories like for example everything to do with members is under one section

The acsesserbillity of the site is a good site to use because they have the accessibility function on the site

The usability of the site is a clean site to use because it is categorised into different sections.

The performance of the site is ok but sometimes the site has a slight stutter with the rolling imagers and some of the buttons do not work